

Training Ride Route – 4.6 miles

Starting Point: Church of the Nazarene
2 Annanais Avenue
Patchogue, N.Y.

Status : **Pre-Ridden and Used**

Starting at Annanias Ave, immediately turn RIGHT (East) onto Pow/Mia Memorial Hwy [S Service Rd]	(0.05 mi)
Road name changes to S Service Rd [Sunrise Hwy Service Rd S]	(1.1 mi)
Turn RIGHT (South) onto Hospital Rd to BMH	(1.2 mi)
Continue south on Hospital Rd. to CR-101 [Patchogue Yaphank Rd]	(1.7 mi)
Turn right on Patchogue Yaphank Rd proceed to E. Main Street	(2.4 mi)
Turn right on E. Main to Phyllis Dr.	(3.0 mi)
Turn right onto Swan Lake Drive proceed to Franklin Street	(3.9 mi)
Turn left onto Franklin and follow to the Church	(4.6 mi)