

Everyone goes through some kind of pain or suffering. Whether it's a broken relationship, loss of a loved one, loss of a job, illness, surviving a Hurricane or some other natural disaster. We need to recognize that ALL of us will go through pain and suffering in this life. No one is exempt.

Suffering transcends all class, race, ethnicity, culture, privilege. The wealthiest people can equally know tragedy without a moment's notice. In other words no one is untouched by grief, no demographic, no alliance... and the question we often ask is why? While God doesn't cause it, God can use our pain and suffering to help us grow and for His good.

- 1) Suffering produces patience in us.
- 2) Pain and suffering allows us to demonstrate the power and life of God in this world.
- 3) Suffering and pain are directly connected to our eternal glorified state.
- 4) It teaches us to trust in the God who delights in delivering us.
- 5) It invites us to be radically human with one another.

We may not always know why but we know how...together God always provides for us and He uses us to walk alongside one another. His peace can be found even through our darkest hour because HE LOVES YOU !